

# FROMMER'S ACTIVITY PLANNER

## BEACH # \_\_\_\_\_ days

Bathing suits \_\_\_\_\_ Beachwear \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Accessories

— Thongs/Tevas \_\_\_\_\_ Baseball cap or sun visor \_\_\_\_\_  
 — Sunscreen \_\_\_\_\_ Lip gloss w/sunscreen \_\_\_\_\_  
 — Skin-So-Soft (bug repellent) \_\_\_\_\_  
 — Beach tote \_\_\_\_\_ Walkman, tapes \_\_\_\_\_

### Gear

— Beach towels \_\_\_\_\_ Umbrella \_\_\_\_\_  
 — Beach chair \_\_\_\_\_ Ice packs \_\_\_\_\_  
 — Cooler \_\_\_\_\_

## BIKING # \_\_\_\_\_ days

— Sunglasses \_\_\_\_\_ Bandana \_\_\_\_\_  
 — Sunscreen \_\_\_\_\_ Bug repellent \_\_\_\_\_  
 — Backpack \_\_\_\_\_ Neck pouch, fanny pack \_\_\_\_\_

## HIKING # \_\_\_\_\_ days

— Hiking socks \_\_\_\_\_ Sock liners \_\_\_\_\_  
 — Hiking boots \_\_\_\_\_ Sandals \_\_\_\_\_  
 — Shorts \_\_\_\_\_ Wind pants \_\_\_\_\_  
 — Tee shirts \_\_\_\_\_ Thermal shirts \_\_\_\_\_  
 — Fleece jacket \_\_\_\_\_ Bandana \_\_\_\_\_  
 — Gloves \_\_\_\_\_ Sunglasses \_\_\_\_\_  
 — Baseball cap \_\_\_\_\_ Lip gloss w/sunscreen \_\_\_\_\_  
 — Sunscreen \_\_\_\_\_ Neck pouch, fanny pack \_\_\_\_\_  
 — Bug repellent \_\_\_\_\_  
 — Backpack \_\_\_\_\_

## SKIING # \_\_\_\_\_ days

Thermals \_\_\_\_\_  
 — Tops \_\_\_\_\_ Bottoms \_\_\_\_\_  
 Socks \_\_\_\_\_  
 — Ski socks \_\_\_\_\_ Sock liners \_\_\_\_\_  
 Turtlenecks \_\_\_\_\_ Sweaters \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Ski pants \_\_\_\_\_  
 — Ski bib or snowsuit \_\_\_\_\_ Ski pants \_\_\_\_\_  
 — Wind pants \_\_\_\_\_

Jackets & Fleece \_\_\_\_\_  
 — Ski jacket \_\_\_\_\_ Wind shell \_\_\_\_\_  
 — Fleece jackets/pullovers \_\_\_\_\_

Head & Hands \_\_\_\_\_  
 — Hats \_\_\_\_\_ Headbands \_\_\_\_\_  
 — Neck gaiters \_\_\_\_\_ Ski gloves \_\_\_\_\_  
 — Glove liners \_\_\_\_\_ Goggles \_\_\_\_\_  
 — Mask \_\_\_\_\_

Equipment \_\_\_\_\_ Accessories \_\_\_\_\_  
 — Boots \_\_\_\_\_ Neck pouch \_\_\_\_\_  
 — Boot bag \_\_\_\_\_ Hand/Feet warmers \_\_\_\_\_  
 — Skis & poles in ski bag \_\_\_\_\_ Lip gloss w/sunscreen \_\_\_\_\_  
 \_\_\_\_\_ Sunscreen SPF 15 \_\_\_\_\_

### Other

— Bathing suit (for Jacuzzi) \_\_\_\_\_  
 — Terry robe \_\_\_\_\_

## "HOUSE" TRIPS

— If a "guest" – hostess gift!  
 — If a "share" – earplugs!!!  
 — Tapes &/or CDs  
 — Board games, cards  
 — Food, drinks & paper goods  
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 \_\_\_\_\_  
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## IF A RENTAL, ALL OF THE ABOVE, PLUS

— Bed linens \_\_\_\_\_ Pillow \_\_\_\_\_  
 — Towels \_\_\_\_\_ Washcloths \_\_\_\_\_

## INTERNATIONAL

— Passport, visa, etc. \_\_\_\_\_ Foreign currency \_\_\_\_\_  
 — Voltage conversion kit \_\_\_\_\_ Extra tissue packs \_\_\_\_\_  
 — Towels \_\_\_\_\_ Frommer's guidebook/s \_\_\_\_\_  
 — Phrasebooks \_\_\_\_\_  
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